

# 5 Daily Practices of a Clutter Free Family

*Say thanks.*

Gratitude helps us keep sight of how much we have to be grateful for.

1

*Think before you take.*

We don't bring anything in the house that will not be loved and used often.

2

*Keep things in their place.*

We give everything a "home" and keep it there when not in use.

3

*Declutter often.*

4

We build time and techniques into our regular routine for passing unused belongings on to others.

*Live for moments.*

We spend our days in pursuit of memories, not things.

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